





¹⁴ For this reason I kneel before the Father,

¹⁵ from whom every family^[a] in heaven and on earth derives its name.

¹⁶ I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,



¹⁷ so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love,

¹⁸ may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ,



¹⁹ and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

²⁰ Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us,



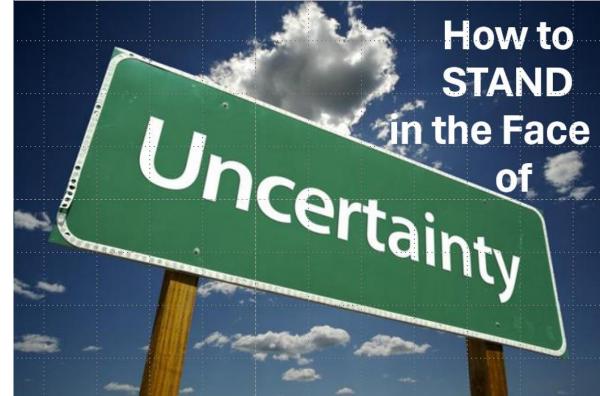
²¹ to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.



Remember Your Five Keys:

- 1. Remember Your **Beginning** Key: Genesis 1:1-2
- 2. Remember Your Faith Key: Hebrews 11:1-2
- 3. Remember Your **Sacrifice** Key: Romans 12:1-2
- 4. Remember Your **Armor** Key: Ephesians 6:10-18
- 5. Remember Your **Triple Threat** Key:
 - No Fear: 2 Timothy 1:7
 - Trust: Proverbs 3:5-6
 - No Anxiety: Philippians 4:6-8









Choose to T.R.U.S.T. God: Proverbs 3:5-6

- 1. Choose to Thank Him for His Works: Psalm 100:1-5 KJV
- 2. Choose to Reverence His Presence: Psalm 25:10-14 GNT
- 3. Choose to Understand His Ways: Proverbs 4:5-9 & Isaiah 55:8-9 KJV
- Choose to Seek first His Kingdom (Righteousness, Peace & Joy): Matthew 6:25-34 & Romans 14:17-19
- 5. Choose to Take on His Strength & Courage: Joshua 1:9 & Isaiah 41:10





Learn to L.E.A.N. on God:

1. Learn to Let Him help you:

Hebrews 11:6, Proverbs 3:5, Psalm 55:2, 1Peter 5:6-7 KJV

- 1. Learn to **Exercise** your faith: James 2:14-26 KJV
- 2. Learn to Acknowledge His Presence: Proverbs 3:6 & Matthew 10:32 KJV
- 3. Learn to Never quit: Ephesians 6:10-14 & 1Timothy 6:9-14 KJV